



Healthy Relationships, Sexuality & Autism

Developed by: **Autism Nova Scotia**

FREE Digital Sexuality Resource Library

The resources are for autistic people/people with autism, caregivers, professionals, and anyone who may need accessible information on topics of sexuality and relationships.

The sexuality resources were created by sexuality educators and an autistic advocate. The resources are based on comprehensive, sex positive, sexuality education information.



Check it out: <http://autismnovascotia.ca/sexuality-resources>

Topics

- Safer Sex Practices
- Sexual Consent
- When To Have Sex
- Relationships
- Personal Boundaries
- Public And Private Spaces
- The Menstrual Cycle
- Masturbation
- Sexuality And Gender
- Dating



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